

The Nine Series - Fruit of the Holy Spirit Self-Control

Pastor Ryan White

Genesis 39:6-12; 1 Corinthians 7:8-9;
1 Corinthians 9:22-23, 26-27

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.” (Galatians 5:22-23)

Self-Control (Greek egkrateia) - the power or lordship one has over his or herself; the ability to restrain and control your emotions, impulses, and desires

- Christian self-control is more **Spirit**-control than **self**-control. It's letting Jesus be Lord and submitting your impulses and desires to his input and leadership. It's harnessing your effort to **keep in step** with the Spirit.
- What motivates our self-control is our desire to be **faithful** to God.
- As you walk the path of self-control with Jesus, keep your eyes peeled for God-sent **escape hatches**.
- If you are struggling with self-control, find the **God-intended** outlet for that **God-given** desire.
- Christian self-control is **kingdom-minded** and profoundly **intentional**.

