



**Spiritual Friendship Part 9 – Companions In Crisis**  
**Bethany Brigham/Young Professional Ministry Leader**

**November 18, 2018**

**Key Passage: Exodus 17:8-16**

*“Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed. But Moses’ hands grew weary, so they took a stone and put it under him, and he sat on it, while Aaron and Hur held up his hands, one on one side, and the other on the other side. So his hands were steady until the going down of the sun. And Joshua overwhelmed Amalek and his people with the sword.” (Exodus 17:11-13)*

Authentic, spiritual **communities** are built on spiritual friendships.

God’s **power** can be seen and **mobilized** through a spiritual community that is working together.

- We need to **honor** and encourage each person to be the **unique** person God created them to be.
- We need to be willing to receive **help** and **support** from trusted friends.
- We need to know the **needs** of one another and give **practical** help.
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